



Are you required to have fall protection on a flat roof that has a 2 ft. with wall by 4ft. high wall on the perimeter?	If a 4' wall is in place that is a form of fall protection. It is basically the same as a guardrail. .
can a rope grab with a stopper be used in place of a fixed length lanyard	A rope grab is considered a fall arrest system but is a useful form of fall protection.
Does an open sided platform include a baker board?	Possibly. Your process must allow for the anchor point, allow for tethering of the employee that will not allow them to fall.
In an aerial lift, fall restraint is required not fall arrest??	You can use a fall restraint or fall arrest. OSHA allows either one. A fall restraint is very difficult. Several fall protection manufacturers have offered a solution to fall restraint but it may not be used extensively. A retractable lanyard is not a fall restraint.. it is a fall arrest system.
If a six foot lanyard is used to meet the free fall distance rule all work must be done with the attachment poing at or level with the attachment level on the employees harness.. if the attachment point on the structure or aerial device is 2 feet below the attachment point on the harness does the lanyard have to be decreased to a lenght of 4 feet to meet the rule of no more than 6 feet free fall?	Possibly...OSHA requires that a free fall be limited to 6 feet when utilizing fall arrest system. However, There is some latitude when it is not possible to provide a more suitable anchorage or other form of fall protection.
According to OSHA, how far are you allowed to fall in a fall restraint system?	0 feet. You cannot fall in a fall restraint system.
Am I required to have fall protection on the roof of a house to connect a weather head?	Yes, the standards require fall protection to be used whenever there is a fall of 4' or 6' (general industry or construction). There are limited exceptions to this rule including whether fall protection is infeasible or creates a greater hazard. Manufacturers have come up with some new products aimed at providing a solution to this issue that may or may not work in all applications. As much as possible I encourage work to be performed off of a ladder or using an aerial device. However some times that's not possible. The company has to come up with a best practice that will properly protect their employees.
Is the lattice on a tower considered to be a lower level?	No, OSHA specifically stated they would not consider tower legs, cross bracing or lattice work found on towers to be a lower level. This can be found in the Q&A section of OSHA's Electric Power Page.

<p>Am I required to have an engineer evaluate every portion of a tower to make sure it meets the anchorage requirements for work positioning or fall arrest?</p>	<p>No, the employer may rely on recognized and generally accepted good engineering practices, with consideration given to such factors as design specifications and maintenance procedures, in determining whether potential anchorages meet the strength requirements. However a visual inspection must take place by the employee to ensure there is no visible damage to the structure.</p>
<p>Am I required to have fall protection on a ladder?</p>	<p>Ladders are specifically excluded from the standards. However, that is assuming the ladder is set up and used according to the manufacturer's instructions. Sometimes companies make rules that exceed OSHA standards, so some have rules that require fall protection on a ladder.</p>
<p>How long does fall protection equipment last? When should I remove it from service?</p>	<p>The manufacturer will dictate what the lifespan of the equipment is. Most equipment is in the 5-year range but some may be different. Always inspect your equipment prior to using it to make sure it doesn't have any visible damage.</p>
<p>Can I use the fixed ladder that is attached to some towers as an anchor point?</p>	<p>Yes, provided the employer relies on recognized and generally accepted good engineering practices, with consideration given to such factors as design specifications and maintenance procedures for the tower, in determining whether potential anchorages meet the strength requirements in the standards, and provided the employer ensures that a visual inspection by the employee before use reveals that nothing about the appearance of the anchorage (for example, corrosion in ladder rails or supports) suggests that the applicable strength criteria would not be met.</p>
<p>Is my company required to pay for the climbing gear used by linemen?</p>	<p>Yes, OSHA considers the equipment to be personal protective equipment and they must provide and pay for the equipment when it is used to comply with an OSHA standard.</p>
<p>A buck squeeze is called a Fall Restriction Device. Is that not a fall restraint?</p>	<p>No, it is not a fall restraint. A Fall restriction Device is a work positioning device as it is designed for vertical use on wood poles, only.</p>

<p>Can I use a 6-foot shock absorbing lanyard in a bucket truck?</p>	<p>Yes, as long as you have determined the potential fall distances from the ground or a lower level and you have the required distances for safe deceleration.</p>
<p>What about fall protection getting out of a bucket, standing on the back of a truck, or performing maintenance on buckets?</p>	<p>OSHA specifically excludes climbing the truck to get into and out of the bucket from the requirement. As for maintenance, yes some sort of fall protection would be needed if the working surface was outside of the bucket.</p>
<p>Is there a specific standard for climbing transmission towers?</p>	<p>Not in OSHA standards. Refer to the Q&A on the Electric Power Home page for details. Also refer to manufacturer.</p>
<p>Can you use a work positioning system instead of fall arrest if it limits your fall to under 2 feet, for example if you get out on the arm of an H frame transmission structure?</p>	<p>Work positioning can be used only in a vertical application, once the work moves to a horizontal application like you mentioned you must use fall arrest system.</p>